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Social Determinants of Health in Rural Louisiana



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Social Determinants of Health

Conditions in the places where people are

**BORN
LIVE
LEARN
WORK
PLAY
WORSHIP
and AGE**



that affect a wide range of health risks and outcomes





SDOH in Rural Louisiana Rural Profile #1



+

Parish ranks in higher middle range for both health outcomes and health factors.

(6) Grocery Stores and Farmers Market every Saturday

High School Graduation rate: 96%

Deaths of despair < state average

-

Median Income: \$25K

(0) Public Transportation providers

Adult obesity and smoking > rest of LA



SDOH in Rural Louisiana

Rural Profile #2



+

Median Income: \$43k+
94% access to broadband
Air quality > state average
Excessive drinking and STDS < rest of LA



-

(2) Grocery Stores and (0) Farmers Markets
High School Graduation rate: 79%
(0) Public Transportation providers
Deaths of despair > state average

Parish ranks in the lower middle range for both health outcomes and health factors.



Moving the Needle for SDOH in Rural Community #1



ECONOMIC STABILITY: Supports economic growth with plan for airport

SOCIAL COHESION: Encourages connectivity with Cultural, Events, and Beautification committee; employs grant writer for community development

NEIGHBORHOOD & BUILT ENVIRONMENT: Plans to improve one park and build another that will include a walking track

EDUCATION ACCESS: Ranks #6 Best School District in LA

HEALTHCARE ACCESS: Implemented new filter system to remove harmful by-products from water



SDOH and Joint Commission Accreditation



IDENTIFIES

SDOH as proximate cause of poor health outcomes

ACKNOWLEDGES

Health care is still learning how to address SDOH effectively and efficiently

REQUIRES

Fundamental processes that address SDOH in 2023



Identify Social Determinants of Health



Live

Crime, Mental Health, and More



Work

Employment and Education



Play

**Physical Activity and Alcohol
or Substance Use/Misuse**



SDOH Action Research



SDOH Action Research Resources

US Census Information: <https://www.census.gov/quickfacts/LA>

Rural Health Information Hub: <https://www.ruralhealthinfo.org/states/louisiana>

**Louisiana Department of Health State Health Assessment:
<https://dashboards.mysidewalk.com/louisiana-state-health-assessment>**

County Health Rankings: <https://www.countyhealthrankings.org/>

ALICE Report: <https://www.launitedway.org/ALICE>

Local Community Health Needs Assessments: Required to be published every three years by nonprofit hospitals and health systems





Decide on SDOH Action Plan

01

**Define
Purposeful
Outcome.**

02

**Create
Action
Steps.**

03

**Check-Ins
for
Refinement.**

04

**Determine
Trackable
Metrics.**



SDOH Action Plan

PACT Framework

Why do this? (Purpose)

Define the outcome based on community relevance.

How will it be implemented? (Actionable)

Ensure that immediate actions can be taken.

When will you review? (Checks)

Schedule periodic reviews to address challenges and make adjustments.

What will be measured? (Trackable)

Create process for collecting, analyzing and reporting progress.



Seek Community Support



Leverage existing resources



Act to Implement SDOH Plan

Apply for multiple funding options



Communicate Early and Often



SDOH Action Steps

Before the end of today, I will: _____

Before the end of tomorrow, I will: _____

Before the end of next week, I will: _____

Before the end of the month, I will: _____

Before the end of the quarter, I will: _____



Q/A and Other Feedback

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