

The background features abstract, overlapping green geometric shapes in various shades, creating a modern and dynamic look. The shapes are primarily triangles and polygons, some semi-transparent, layered on a white background.

Louisiana Medicaid MCO Association LMMCOA

Presentation at Louisiana Rural Health Care Conference

October 30, 2018

LMMCOA Description

- ▶ Organization formed in February 2018 to advance the common interests among the Medicaid Managed Care Organizations contracted by the Louisiana Department of Health (Healthy Louisiana Plans), to discuss avenues of mutual interest, common policies and challenges associated with the Managed Care industry.
- ▶ MCOs Contracted by LDH:
 - ▶ Aetna Better Health of Louisiana
 - ▶ AmeriHealth Caritas
 - ▶ Healthy Blue
 - ▶ Louisiana Healthcare Connections
 - ▶ United Health Group

Why Medicaid Managed Care?

▶ Fee for Service Issues:

- ▶ Lack of budget predictability and uncontrolled costs
- ▶ Limited detection of fraud and waste
 - ▶ Pay and chase fraud recoupment
- ▶ Limited departmental staff to manage program
 - ▶ No way to monitor provider quality
- ▶ No disease management or wellness programs

Managed Care Benefits

- ▶ Plans are paid set member per month (PMPM) based on actuarial soundness providing budget predictability
- ▶ Proven program integrity methods to detect fraud through upfront systemic approaches
- ▶ Each Plan has Provider Quality Standards
- ▶ Utilization Management Strategies aimed at improving quality and reducing waste
- ▶ Partnerships with providers - offering incentives and shared savings

Population Health

- ▶ Incentives for well child visits/immunizations
- ▶ Incentives for cancer screenings and wellness visits
- ▶ Smoking cessation programs
- ▶ Weight management programs
- ▶ Prenatal and postpartum
- ▶ Hypertension management
- ▶ Asthma/COPD management
- ▶ Health Coaches
- ▶ Care Management for High Risk members

Value to the Community

- ▶ Support of over 2300 local organizations - millions in grants to Louisiana's community and faith based agencies
- ▶ Community Health Grants program to battle food insecurity
- ▶ Programs to increase access to healthy foods for SNAP families
- ▶ Free health clinics for no cost vision and dental services
- ▶ Wellness program for at risk teen girls
- ▶ Provision of school supplies and student health services
- ▶ Provision of anti-bullying education (No One Eats Alone program)
- ▶ Statewide community health events
- ▶ Provision of clinical training to increase evidence based practices

Value to the Community (cont.)

- ▶ \$500,000 grant to create Taking Aim at Cancer in Louisiana (TACL)
- ▶ Grants to schools to create school gardens
- ▶ Grant to Women's Hospital for GRACE Program
- ▶ 10+ million for Flood recovery effort (prescription overrides, DME, Grants)
- ▶ Health Policy Fellowship
- ▶ Opening of Community Wellness Centers in Shreveport and New Orleans
- ▶ On the Move events to help members find new ways to get healthy
- ▶ Bright Start prenatal and postpartum program
- ▶ Pediatric Preventive Health Care
- ▶ Grants to Healthy Baton Rouge

Value to Community (cont.)

- ▶ Promotion of Hands Only CPR
- ▶ Support for YMCA Diabetes Prevention Program
- ▶ Sponsor for American Diabetes Camp Power Up
- ▶ Sponsored March of Dimes Prematurity Summit
- ▶ Support for Special Olympics
- ▶ Grants to Boys and Girls Club of America
- ▶ Partnerships with select schools to establish Don't Quit Fitness Centers
- ▶ Educational Programs and Financial Support for NAMI
- ▶ Financial Support for Programs to help re-entry for incarcerated persons
- ▶ Volunteer and Financial Support for Second Harvest Food Bank (on Saturday volunteers packed over 100,000 meals - 2nd largest volunteer effort)

Economic Impact

- ▶ Approximately 1500 Full- Time Employees
- ▶ \$94 million in well paying jobs
- ▶ \$450 - \$500 million brought in through premium tax to be used as federal match
- ▶ MCOs are at risk
- ▶ Containment of Drug Costs

Human Impact

- ▶ 1,475,017 Lives Served
- ▶ Improvements in Key Quality Measures across all plans
 - ▶ Immunizations, well child visits, breast cancer screenings
- ▶ Care Management to high risk members
- ▶ Access to enhanced wellness program
 - ▶ Gyms, weight loss programs, health coaches
- ▶ Shift to proactive care (primary care physicians) from reactive care (ER Visits)
 - ▶ Unlimited visits to primary care physician (limited to 12 in Legacy Medicaid)
- ▶ Improvement of quality metrics - Net improvement in ~75% of HEDIS quality metrics used to measure health outcomes for health plan members in 2017 compared to prior year building on continued improvement since the inception of managed care in Louisiana
- ▶ All plans have numerous success stories of the lives they have changed and saved

Issues and Concerns

- ▶ We know that despite our best efforts, Managed Care isn't perfect either in Medicaid or private insurance
- ▶ Administration simplification committees have been working to help streamline processes
 - ▶ Prior authorization forms, single PDL, appeals process, etc.
- ▶ Always open to ideas to improve processes and relationships
- ▶ Managed Care only works well when it is a true partnership between MCOs, Providers and LDH

Conclusion

- ▶ MANAGED CARE IS WORKING
- ▶ Managed Care in Louisiana is still considered new:
 - ▶ MCOs, providers and the department are learning
- ▶ All five plans are ranked Commendable by the NCQA. This is not the case for our neighbors across the South in Texas, Mississippi, SC & Florida, despite having had Medicaid managed care a lot longer than Louisiana
- ▶ Louisiana has excellent plans that contribute significant financial, social and health value to the state

Contacts

- ▶ Learn more about the plans:
- ▶ Aetna Better Health of Louisiana : www.aetnabetterhealth.com/louisiana
- ▶ AmeriHealthCaritas: www.amerihealthcaritasla.com
- ▶ Healthy Blue: www.myhealthybluela.com
- ▶ Louisiana Healthcare Connections: www.louisianahealthconnect.com
- ▶ United Healthcare: www.uhcommunityplan.com
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